

Banafsheh Sharif-Askary

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PROFESSIONAL EXPERIENCE

- 5/2026 – Present **BSA Plastic Surgery**, San Diego, CA
Founder, Plastic Surgeon
- 8/2026 – Present **University of California, San Diego (UCSD)**, CA
Assistant Professor, Division of Plastic Surgery

POST-DOCTORAL TRAINING

- 7/2025 – 6/2026 **Manhattan Eye, Ear & Throat Hospital**, New York, NY
Aesthetic Fellow, Department of Plastic Surgery
- 6/2019 – 6/2025 **MedStar Georgetown University Hospital**, Washington, DC
Integrated Resident, Department of Plastic and Reconstructive Surgery

EDUCATION

- 8/2015 – 5/2019 **Duke University School of Medicine**, Durham, NC
Doctor of Medicine
Alpha Omega Alpha (AOA) Medical Honor Society
- 6/2013 – 6/2015 **National Institutes of Health**, Bethesda, MD
Postbaccalaureate Intramural Research Training Award
- 8/2009 – 5/2013 **Duke University**, Durham, NC
B.S., Neuroscience, Graduation with Distinction
Global Health Certificate

LEADERSHIP

- 1/2025 – 5/2025 *Chief Representative*, Georgetown Graduate Medical Education Committee
- 1/2025 – 5/2025 *Resident Education Coordinator*, MedStar Georgetown Plastic Surgery Residency
- 5/2018 – 5/2019 *Vice President*, AOA Executive Council
- 7/2016 – 6/2019 *President & Founder*, Health Advocacy & Readiness for Teens Organization
- 6/2017 – 5/2018 *Leader*, Clinical Skills Course, Duke University School of Medicine (SOM)
- 6/2016 – 5/2018 *President*, DukeMed Engage Service Organization
- 6/2015 – 5/2016 *Medical School Representative*, Duke Graduate and Professional Student Council
- 6/2015 – 6/2016 *Medical Student Representative*, Duke Student Alumni Board

HONORS

- 2023 – 2024 String of Pearls Teaching Award, Georgetown University School of Medicine

2021 – 2022	Clinical Performance Award, MedStar Georgetown Plastic and Reconstructive Surgery
2018 – Present	<i>Alpha Omega Alpha</i> (AOA) Medical Honor Society, Duke University SOM
2018 – 2019	William G. Analyn Senior Merit Scholarship, Duke University SOM
2016 – 2017	Chancellor Service Fellowship, Duke University SOM
2016 – 2017	DukeMed Engage Service Fellowship, Duke University SOM
2015 – 2017	James Cecil McGehee Academic Scholarship, Duke University SOM

RESEARCH AWARDS

2017 – 2018	T32 Research Service Award, National Institutes of Health (NIH)
2016 – 2017	Graduate Student Training Enhancement Grant, Duke University
2013 – 2015	Postbaccalaureate Intramural Research Training Award, NIH

PROFESSIONAL MEMBERSHIPS

2024 – Present	Resident Member, The Aesthetic Society
2019 – Present	Resident Member, American Society of Plastic Surgeons

PEER-REVIEWED JOURNAL ARTICLES

1. Dunworth K, **Sharif-Askary B**, Grames L, et al. Using "Real-World Data" to Study Cleft Lip/Palate Care: An Exploration of Speech Outcomes from a Multi-Center US Learning Health Network. *Cleft Palate Craniofac J*. 2025;62(3):445-459. PMID: 37844605.
2. Lava CX, Berger LE, Li KR, Rohrich RN, Margulies IG, Singh A, **Sharif-Askary B**, Fan KL, Lisle DM, Del Corral GA. A comparative analysis of peritoneal flap and intestinal vaginoplasty for management of vaginal stenosis. *J Plast Reconstr Aesthet Surg*. 2024;98:55-63. PMID: 39236396.
3. Del Risco AC, Dunworth K, **Sharif-Askary B**, et al. Exploration of the Utility of the Generic ICHOM Standard Set Measures in Evaluating the Speech of Patients with Cleft Lip/Palate. *Plast Reconstr Surg Glob Open*. 2024;12(1):e5519. PMID: 38250212.
4. Spoer DL, Berger LE, Towfighi PN, Deldar R, Gupta N, Huffman SS, **Sharif-Askary B**, Fan KL, Parikh RP, Tom LK. Lymphovenous Coupler-Assisted Bypass for Immediate Lymphatic Reconstruction. *J Reconstr Microsurg*. 2024;40(5):334-347. PMID: 37751886.
5. Ombashi S, Kurniawan MS, Allori A, **Sharif-Askary B**, Rogers-Vizena C, Koudstaal M, Franken MC, Mink van der Molen AB, Mathijssen I, Klassen A, Versnel SL. What is the optimal assessment of speech? A multicentre, international evaluation of speech assessment in 2500 patients with a cleft. *BMJ Open*. 2023. PMID: 38154881; PMCID: PMC10759067.
6. Abdou SA, **Sharif-Askary B**, Perez-Alvarez I, et al. Direct-to-Implant versus Immediate Free Flap Reconstruction after Nipple-Sparing Mastectomy: A Propensity Score-Matched Analysis. *Plast Reconstr Surg*. 2023. PMID: 36729691.
7. Abdou SA, **Sharif-Askary B**, Sayyed AA, et al. Can Mentorship Shatter the Glass Ceiling in Academic Microsurgery? A National Survey of Microsurgery Fellowship-Trained Women in Academia. *Plast Reconstr Surg*. 2023. PMID: 37075287.
8. **Sharif-Askary B**, Abdou SA, Charipova K, et al. Evaluating the Role of Mentorship in Career Advancement: A Survey of Women in Academic Hand Surgery. *J Hand Surg Am*. 2023. PMID: 36841663.
9. Nigam M, Zolper EG, **Sharif-Askary B**, et al. Expanding Criteria for Limb Salvage in Comorbid Patients with Nonhealing Wounds: The MedStar Georgetown Protocol and Lessons Learned after 200 Lower Extremity Free Flaps. *Plast Reconstr Surg*. 2022;150(1):197-209. PMID: 35583438.
10. Abdou SA, **Sharif-Askary B**, Charipova K, et al. Fireworks-Related Injuries to the Hand: Opportunity for Plastic Surgeon Advocacy. *Hand (N Y)*. 2022;17(3):578-579. PMID: 33678054.

11. **Sharif-Askary B**, Zolper EG, Deldar R, et al. Risk Factors for Loss to Follow-Up in the Lower Extremity Limb Salvage Population. *Plast Reconstr Surg*. 2021;148(4):883-893. PMID: 34415857.
12. **Sharif-Askary B**, Abdou SA, Singh T, et al. Are US Plastic Surgery Residents Equipped to Face the Opioid Epidemic? A National Survey. *Plast Reconstr Surg Glob Open*. 2021;9(8):e3761. PMID: 34476156.
13. Ganske IM, Sanchez K, Le E, Langa OC, **Sharif-Askary B**, Ross E, Santiago P, Meara JG, Padwa BL, Allori AC. Time-Driven, Activity-Based Costing of Presurgical Infant Orthopedics: A Critical Component of Establishing Value of Latham Appliance and Nasoalveolar Molding. *Plast Reconstr Surg*. 2021;147(3):444-454. PMID: 33620939.
14. Abdou SA, **Sharif-Askary B**, Zolper EG, Evans KK. Intraoperative Utility of the Implantable Doppler in Lower Extremity Reconstruction: A Matched Case-control Study. *Plast Reconstr Surg Glob Open*. 2020;8(11):e3229. PMID: 33299699.
15. **Sharif-Askary B**, Mantilla-Rivas E, Mamidi I, et al. Anatomical Variability Predisposed a Child to Permanent Brachial Plexopathy following Incidental Trauma. *Plast Reconstr Surg Glob Open*. 2020;8(4):e2804. PMID: 32440456.
16. Wang JS, Pasioka HB, Petronic-Rosic V, **Sharif-Askary B**, Evans KK. Digital Gangrene as a Sign of Catastrophic Coronavirus Disease 2019-related Microangiopathy. *Plast Reconstr Surg Glob Open*. 2020;8(7):e3025. PMID: 32802690.
17. **Sharif-Askary B**, Vernon R, Broadwater G, et al. Subjective and objective evaluation of breast temperature following post-mastectomy reconstruction. *Breast J*. 2020;26(3):571-573. PMID: 31493299.
18. Levites HA, Sergesketter AR, **Sharif-Askary B**, et al. Videoscope-Assisted Cleft Palate Surgery: Rationale, Experience, and Technical Implementation. *Plast Reconstr Surg*. 2020;146(5):1129-1132. PMID: 33136960.
19. **Sharif-Askary B**, Carlson AR, Van Noord MG, Marcus JR. Incidence of Postoperative Adverse Events after Rhinoplasty: A Systematic Review. *Plast Reconstr Surg*. 2020;145(3):669-684. PMID: 32097305.
20. Anolik RA, **Sharif-Askary B**, Hompe E, et al. Occurrence of Symptomatic Hypotension in Patients Undergoing Breast Free Flaps: Is Enhanced Recovery after Surgery to Blame? *Plast Reconstr Surg*. 2020;145(3):606-616. PMID: 32097291.
21. **Sharif-Askary B**, Carlson AR, Cornejo A, et al. Perioperative Practice Patterns for Rhinoplasty: Faculty Speakers from the First International Meeting of Rhinoplasty Societies. *Plast Reconstr Surg*. 2020;145(5):1013e-1015e. PMID: 32332578.
22. **Sharif-Askary B**, Hompe E, Broadwater G, et al. The Effect of ERAS Pathway Implementation on Abdominal-based Microvascular Breast Reconstruction. *J Surg Res*. 2019. PMID: 31125841.
23. Towbin K, Vidal-Ribas P, Brotman MA, Pickles A, Miller KV, Kaiser A, Vitale AD, Engel C, Overman GP, Davis M, Lee B, McNeil C, Wheeler W, Yokum CH, Haring CT, Roule A, Wambach CG, **Sharif-Askary B**, Pine DS, Leibenluft E, Stringaris, A. A Double-Blind Randomized Placebo-Controlled Trial of Citalopram Adjunctive to Stimulant Medication in Youth With Chronic Severe Irritability. *J Am Acad Child Adolesc Psychiatry*. 2019. PMID: 31128268.
24. **Sharif-Askary B**, Cheng T, Campbell J, et al. Airway findings in children with tracheostomy: When is diagnostic bronchoscopy and laryngoscopy indicated? *Int J Pediatr Otorhinolaryngol*. 2018. PMID: 30579093.
25. **Sharif-Askary B**, Bittar PG, Farjat A, et al. Geospatial analysis of risk factors contributing to loss to follow-up in cleft lip/palate care. *Plast Reconstr Surg Glob Open*. 2018. PMID: 30349785.
26. Corrigan K, Aksenov L, Paul A, **Sharif-Askary B**, Agarwal S, Kamal, A. Characterization of the Recommendations in the Choosing Wisely Initiative. *Am J Med Qual*. 2018. PMID: 30345804.
27. Haller SP, Kircanski K, Stoddard J, White LK, Chen G, **Sharif-Askary B**, Zhang S, Towbin KE, Pine DS, Leibenluft E, Brotman MA. Reliability of neural activation and connectivity during implicit face emotion processing in youth. *Dev Cogn Neurosci*. 2018;31:67-73. PMID: 29753993.
28. Stoddard J, **Sharif-Askary B**, Harkins EA, et al. An Open Pilot Study of Training Hostile Interpretation Bias to Treat Disruptive Mood Dysregulation Disorder. *J Child Adolesc Psychopharmacol*. 2016;26(1):49-57. PMID: 26745832.

BOOK CHAPTERS

1. Song DH, Chang B, **Sharif-Askary B**. Chapter 11: Reconstruction of the Chest. In: Neligan PC, ed. *Plastic Surgery*. 5th ed. Vol 4. Elsevier; 2023.
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2. Brotman MA, **Sharif-Askary B**, Dickstein DP, Leibenluft E. Biological factors in bipolar disorder in childhood and adolescence. In: Soares JC, Young AH, eds. *Bipolar Disorders: Basic Mechanisms and Therapeutic Implications*. 3rd ed. Cambridge University Press; 2016:219-233.

PODIUM PRESENTATIONS

1. Lava CX, Berger LE, Li KR, Rohrich RN, Margulies IG, Singh A, **Sharif-Askary B**, Fan KL, Lisle DM, Del Corral GA. A comparative analysis of peritoneal flap and intestinal vaginoplasty for management of vaginal stenosis. Podium presentation at the World Professional Association of Transgender Health. Lisbon, Portugal. September 2024.
2. **Sharif-Askary B**, Abdou SA, Charipova K, Sears ED, Giladi AM. Evaluating the role of mentorship in career advancement: A survey of women in academic hand surgery. Podium presentation at the MedStar Health Research Symposium. Bethesda, MD. May 2023.
3. **Sharif-Askary B**, Abdou SA, Nigam M, Zolper EG, Charipova K, Bekeny JC, Fan KL, Attinger CE, Evans KK. Utility of angiography and venous studies for lower extremity free flap planning in comorbid patients: Review of 200 patients. Podium presentation at the Annual Meeting of the American Association for Hand Surgery. Virtual On Demand Series. January 2021.
4. **Sharif-Askary B**, Abdou SA, Charipova K, Perez-Alvarez I, Kleiber GM. Migrating migraines: Risk factors for residual symptoms and unmasking of secondary trigger sites after headache surgery. Podium presentation at the Annual Meeting of the American Society for Peripheral Nerve. Virtual On Demand Series. January 2021.
5. Nigam M, Zolper EG, **Sharif-Askary B**, Abdou SA, Charipova K, Bekeny JC, Fan KL, Steinberg JD, Attinger CE, Evans KK. Expanding the selection criteria for limb salvage for atraumatic wounds in comorbid patients: Institutional protocol and lessons learned after 200 lower extremity free flaps. Podium presentation at the American Society of Plastic Surgeons. Atlanta, GA. October 2021.
6. Abdou SA, Nigam M, Charipova K, **Sharif-Askary B**, Zolper EG, Bekeny JC, Fan KL, Evans KK. Does flap composition impact long-term lower extremity limb salvage for non-healing wounds in a comorbid patient population? An analysis of 174 flaps. Podium presentation at the American Society of Plastic Surgeons. Atlanta, GA. October 2021.
7. Abdou SA, **Sharif-Askary B**, Charipova K, Black C, Figueroa J, Singh T, Song DH, Fan KL, Evans KK. Can mentorship shatter the glass ceiling in academic microsurgery? A national survey of microsurgery fellowship trained women in academic plastic surgery. Podium presentation at the American Society of Plastic Surgeons. Atlanta, GA. October 2021.
8. Charipova K, Nigam M, Abdou SA, **Sharif-Askary B**, Zolper EG, Bekeny JC, Fan KL, Evans KK. Outcomes of free tissue transfer for lower extremity limb salvage in patients with diabetes mellitus. Podium presentation at the American Society of Plastic Surgeons. Atlanta, GA. October 2021.
9. Nigam M, Abdou SA, Charipova K, **Sharif-Askary B**, Zolper EG, Bekeny JC, Fan KL, Evans KK. Overview of complications and outcomes of free tissue transfer for chronic lower extremity wounds in patients with end-stage renal disease. Podium presentation at the American Society of Plastic Surgeons. Atlanta, GA. October 2021.
10. **Sharif-Askary B**, Zolper EG, Deldar R, Tefera E, Tirrell AR, Abu El Hawa AA, Attinger CE, Evans KK, Fan KL. Risk factors for loss to follow-up in the lower extremity limb salvage population. Podium presentation at the American Society of Plastic Surgeons. Virtual Meeting. 2020.
11. **Sharif-Askary B**, Abdou SA, Singh T, Song DH. Are US plastic surgery residents equipped to face the opioid epidemic? A national survey. Podium presentation at the Northeastern Society of Plastic Surgeons. Virtual Meeting. September 27, 2020.
12. Ganske I, Sanchez K, Le E, **Sharif-Askary B**, Cho J, Ross E, Santiago P, Meara J, Padwa B, Allori AC. Costing analysis of pre-surgical infant orthopedics (PSIO): A critical component of

- establishing value for NAM and Latham. Podium presentation at the American Cleft Palate-Craniofacial Association Annual Meeting. Portland, OR. March 31, 2020.
13. Suárez B, Nyswonger J, Kern J, **Sharif-Askary B**, Risoli T, Pomann G, Peskoe S, Jones C, Fernandez A, Caldwell K, Le E, Raynor E, Allori AC. Exploratory analysis of the relationship of clinician-, family-, and patient-reported outcome measures for speech in the care of children with cleft lip/palate. Podium presentation at the American Cleft Palate-Craniofacial Association Annual Meeting. Portland, OR. March 31, 2020.
 14. Carlson AR, **Sharif-Askary B**, Van Noord MG, Marcus JR. Incidence of post-operative adverse events after rhinoplasty: A systematic review. Podium presentation at the Rhinoplasty Society Annual Meeting. New Orleans, LA. May 16, 2019.
 15. **Sharif-Askary B**, Carlson AR, Van Noord MG, Marcus JR. Incidence of post-operative adverse events after rhinoplasty: A systematic review. Podium presentation at the American Association of Plastic Surgeons Annual Meeting. Baltimore, MD. April 8, 2019.
 16. Carlson AR, **Sharif-Askary B**, Marcus JR. Post-operative complications after rhinoplasty. Podium presentation at the North Carolina Society of Plastic Surgeons. Kiawah Island, NC. November 2, 2018.
 17. Levites H, **Sharif-Askary B**, Allori AC, Marcus JR. Long-term experience with use of the videoscope for cleft palate repair. Podium presentation at the North Carolina Society of Plastic Surgeons. Kiawah Island, NC. November 2, 2018.
 18. Cheng T, **Sharif-Askary B**, Campbell J, Ji S, Brown C, Raynor E. Findings of routine airway surveillance in pediatric tracheostomy patients. Podium presentation at the American Academy of Otolaryngology–Head and Neck Surgery Annual Meeting. Atlanta, GA. October 7, 2018.
 19. **Sharif-Askary B**, Hompe E, Anolik R, Hollenbeck ST. Does early urinary catheter removal decrease post-op urinary tract infections in patients undergoing abdominal free flap breast reconstruction? Podium presentation at the Plastic Surgery Research Council Annual Meeting. Birmingham, AL. May 18, 2018.
 20. **Sharif-Askary B**, Bittar PG, Farjat A, Liu B, Vissoci J, Allori AC. Geospatial econometric exploration of risk factors for loss to follow-up in cleft care. Podium presentation at the Plastic Surgery Research Council Annual Meeting. Birmingham, AL. May 17, 2018.
 21. **Sharif-Askary B**, Bittar PG, Farjat A, Liu B, Vissoci J, Allori AC. Geospatial econometric exploration of risk factors for loss to follow-up in cleft care. Podium presentation at Duke Surgery Research Day. Durham, NC. April 25, 2018.
 22. **Sharif-Askary B**, Hompe E, Zhao R, Anolik R, Hollenbeck ST. The impact of ERAS protocol on urinary tract infections after free flap breast reconstruction. Podium presentation at the Academic Surgical Congress. Jacksonville, FL. January 30, 2018.

POSTER PRESENTATIONS

1. Lava CX, Berger LE, Li KR, Rohrich RN, Martin TS, **Sharif-Askary B**, Margulies IG, Singh A, Fan KL, Lisle DM, Del Corral GA. A Comparative Analysis of Peritoneal Flap and Intestinal Vaginoplasty for Management of Vaginal Stenosis. Poster presented at the Plastic Surgery Research Council. Boston, MA. May 16, 2024.
2. Anolik R, **Sharif-Askary B**, Hompe E, Hopkins T, Hollenbeck ST. Enhanced recovery after surgery and fluid: When less is not always more. Poster presented at the Congress of Enhanced Recovery and Perioperative Medicine. Fort Lauderdale, FL. March 15, 2018.
3. Corrigan K, Agarwal S, Aksenov L, Paul A, **Sharif-Askary B**, Kamal A. Identifying cancer quality measurement gaps in the Choosing Wisely Initiative. Poster presented at the Cancer Institute Scientific Retreat. Durham, NC. October 28, 2016.
4. Hall SA, Li D, **Sharif-Askary B**, Kragel PA, Hong M, Zhu K, Cabeza R, Rubin DC, Berntsen D. Common and distinct neural networks underlying voluntary and involuntary episodic memory retrieval. Poster presented at the Cognitive Neuroscience Society Annual Conference. San Francisco, CA. March 30, 2015.
5. Harkins E, **Sharif-Askary B**, Stoddard J, Brotman MA, Leibenluft E. Computer-based training reduces a bias towards angry judgments. Poster presented at the NIH Research Festival. Bethesda, MD. September 22, 2014.

6. **Sharif-Askary B**, Stoddard J, Kim P, Yi JY, Hinton KE, Brotman MA, Pine DS, Leibenluft E. Neural correlates of face-emotion processing in youth with severe irritability. Poster presented at the Society for Neuroscience Annual Meeting. Washington, DC. November 15, 2014.